

INFORMATION FOLLOWING CROWN OR BRIDGE TREATMENT

1. Following the first appointment for a crown or bridge procedure, a temporary is usually placed on the tooth or teeth involved. This will protect them while the final restoration is custom made.
2. Teeth are commonly more sensitive to cold after being prepared for a crown. They usually return to normal within a couple of weeks.
3. Sensitivity is usually most noticeable the first 12 to 24 hours after the anesthetic wears off. Taking 400 mg. of Ibuprofen before the anesthetic wears off and another 400 mg. four hours later does an excellent job of reducing sensitivity.
4. Temporary crowns and bridges are plastic and need to be treated with care.
 - a. Try to avoid chewing gum, chewy, or hard foods with them.
 - b. Brush and floss normally, except pull the floss out to the side.
 - c. The use of a temporary cement is for easy removal at your next appointment. If your temporary comes off between appointments, slip it back on and call us for an appointment.
 - d. A cream denture adhesive can be used to hold a temporary on for a short period of time. (Please avoid cementing with superglue.)
5. The permanent crowns and bridges will be less bulky, smoother, and provide a better color match than the temporaries.
6. After the final cementation of your permanent crown or bridge, it may take a few days to get used to it. If you feel the bite is not correctly balanced, be sure and call for an appointment for a simple adjustment.

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Eric W. Van Zytveld, D.D.S.

1905 Lawrence St., Suite B
Denver, CO 80202
303-296-3851

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INF-TEMP